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What is claimed is:

- 1. A sheet for an album, the sheet comprising:
 - a sheet having a binding edge and an opposite, outside edge; and
- a film attached to the sheet and extending along at least a portion of the opposite, outside edge.
- 2. The sheet of claim 1, wherein the film extends at least about 3/8" from the outside edge.
- 3. The sheet of claim 1, wherein the film includes a polypropylene film.
- 4. The sheet of claim 1, wherein the film is wrapped around the outside edge so that a portion of the film is attached to each side of the sheet.
- 5. The sheet of claim 1, wherein the film includes a polyester film.
- 6. The sheet of claim 1, wherein the film is adhered to the sheet with an acrylic laminating adhesive.
- 7. The sheet of claim 1, wherein the film is adhered to the sheet with a heat-activated adhesive.
- 8. The sheet of claim 1, wherein the film is adhered to the sheet with a pressure-sensitive adhesive.
- 9. The sheet of claim 1, including a second film attached adjacent the binding edge of the sheet.

- 10. The sheet of claim 1, further including a plastic overlay at least partially covering the sheet.
- 11. The sheet of claim 10, wherein the plastic overlay is attached proximate the outside edge of the sheet by the film.
- 12. A sheet for an album, the sheet comprising:
 - a sheet having a binding edge and an opposite, outside edge;
 - a mounting strip; and
- a flexible film strip connecting the mounting strip to the binding edge of the sheet such that there is a gap between the mounting strip and the sheet, wherein the flexible film strip is wrapped around an outer, spine edge of the mounting strip.
- 13. The sheet of claim 12, wherein the mounting strip has a thickness greater than the thickness of the sheet.
- 14. The sheet of claim 13, wherein the mounting strip is at least twice as thick as the sheet.
- 15. The sheet of claim 13, wherein the mounting strip includes a folded sheet.
- 16. The sheet of claim 15, wherein the folded sheet includes a notch located at a fold of the folded sheet.
- 17. The sheet of claim 12, wherein the mounting strip includes two or more post holes and the flexible film strip is adapted to reinforce the post holes.

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- 18. The sheet of claim 12, further including a second film attached to the sheet and extending along at least a portion of the opposite, outside edge.
- 19. The sheet of claim 18, wherein the film is wrapped around the outside edge so that a portion of the film is attached to each side of the sheet.
- 20. The sheet of claim 12, further including a plastic overlay at least partially covering the sheet.
- 21. The sheet of claim 20, wherein the plastic overlay is attached proximate the binding edge of the sheet by the film strip.
- 22. The sheet of claim 20, wherein the plastic overlay is attached proximate the outside edge of the sheet by a second film attached at the outside edge of the sheet.
- 23. A sheet for an album, the sheet comprising:
 - a sheet having a binding edge and an opposite, outside edge;
 - a mounting strip; and
- a flexible film strip connecting the mounting strip to the binding edge of the sheet such that there is a gap between the mounting strip and the sheet;

wherein the mounting strip has a thickness greater than the thickness of the sheet.

- 24. The sheet of claim 23, wherein the mounting strip is at least twice as thick as the sheet.
- 25. The sheet of claim 23, wherein the mounting strip includes a folded sheet.

- 26. The sheet of claim 25, wherein the folded sheet includes a notch at a fold of the folded sheet.
- 27. The sheet of claim 23, wherein the mounting strip includes two or more post holes and the flexible film strip is adapted to reinforce the post holes.
- 28. The sheet of claim 23, further including a second film attached to the sheet and extending along at least a portion of the opposite, outside edge.
- 29. A sheet for an album, the sheet comprising:
 - a sheet having a binding edge and an opposite, outside edge;
 - a mounting strip;
- a flexible film strip connecting the mounting strip to the binding edge of the sheet such that there is a gap between the mounting strip and the sheet; and
- a plastic overlay attached to the sheet and covering at least a portion of the sheet.
- 30. The sheet of claim 29, wherein the plastic overlay is attached proximate the binding edge of the sheet by the film strip.
- 31. The sheet of claim 29, wherein the plastic overlay is attached proximate the outside edge of the sheet by a second film attached at the outside edge of the sheet.
- 32. The sheet of claim 29, wherein the plastic overlay is a clear plastic overlay.
- 33. The sheet of claim 29, wherein the plastic overlay includes a approximately 0.001" to approximately 0.003" polypropylene sheet.

- 34. The sheet of claim 29, wherein a static charge is applied to the plastic overlay.
- 35. The sheet of claim 29, further including a second plastic overlay applied to an opposite side of the sheet.
- 36. The sheet of claim 29, further including an adhesive applied to the sheet to hold the overlay against the sheet.